VIRTUAL CONGRESS

20-21 OCTOBER 2021

MEDICATION ADHERENCE: what can you do with the medical challenge that starts after the consultation?



DAY 2 PROGRAM 21 st OCTOBER 2021		
SESSIONS	Local time :	210 min
Introduction – Behaviors and beliefs: the foundations of adherence Are patients really forgetting to take their medication as they claim? To improve our understanding of the influences underpinning non-adherence, it is crucial to understand the drivers of health behaviors, including the beliefs and barriers to taking medication. Dr Rob Horne will discuss key concepts underlying these beliefs and behaviors, as well as assessment of these factors in a clinical setting. Cem Arkilic – Prof. John Weinman – Prof. Rob Horne	19:00-19:25	25 min
The paradox of non-adherence in symptomatic disease Non-adherence is often perceived as associated with asymptomatic disease. However, poor adherence also affects and impacts symptomatic and painful conditions, often with a chronic nature. In this session, you will learn more about this paradox and how to best manage it. Poor adherence in pancreatic exocrine insufficiency (PEI) is common, despite the presence of overt symptoms impacting quality of life. Other factors may further impact medication efficacy and adherence. This session addresses, amongst others, an empathetic approach to doctor-patient communication. Prof. Matthias Löhr – Dr. Sheri Pruitt	19:25-20:05	40 min
Improving access to self-management support for patients with chronic conditions: digital solutions Some recent digital innovations in the adherence space have demonstrated that they contribute to, and improve, adherence – especially in the context of chronic disease. This session will address how these may be deployed and leveraged across different geographies and healthcare systems. Prof. John Piette – Dr. Bernard Vrijens – Prof. Enrique de Madaria	20:05-20:55	50 min
COFFEE BREAK / Q&A	20:55-21:10	15 min
Principles of AMR stewardship and impact of adherence Comment: how does treatment adherence impact on AMR This session reviews the principles of Anti-Microbial Resistance (AMR) stewardship, underlines some of the behavioral issues around AMR and discusses the impact of adherence through illustrative case studies from the perspective of both patient and physician Prof. Evangelos J. Giamarellos-Bourboulis – Prof. John Weinman	21:10-21:35	25 min
Individualized adherence strategies and their impact on patient experience in women's health. Non-adherence to treatment in women's health can result from many different beliefs. Here we will look at the necessity-concerns framework, which supports understanding of an individual's interaction with the condition/treatment, in addition to techniques for improving communication. The application of this patient-centered, shared decision-making approach will be illustrated with different clinical scenarios. Prof. Rossella Napi – Prof. Johannes Bitzer – Prof. Rob Horne	21:35-22:25	50 min
CLOSE Prof. John Weinman	22:25-22:30	5 min





